Expanding Arts & Humanities Community Partnerships in Support of Greater Health & Well-being for Veterans & Their Family Members

The Arts Support Health for Life

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Mission:
Honor America’s Veterans by providing exceptional health care that improves their health and well-being.
VHA Strategic Priorities

1. Provide Veterans personalized, proactive, and patient-driven health care.

2. Incentivize measureable improvements in health outcomes.

3. Align resources to deliver sustained value to Veterans.
Elements of Patient Centered Care

Click here to watch a brief video

* Personalized, Proactive, Patient-driven Care
Patient Centered Care Framework
The Veteran Experience

Elements of Patient Centered Care

Veteran Experience
Patient Centered Care Framework
The Veteran Experience

Elements of Patient Centered Care

Veteran Experience

Healing Relationships
Elements of Patient Centered Care

The Practice of Whole Health

Click here to access these brief Components of Health and Well-being videos
Components of Proactive Health And Well-being

Click [here](#) to access this interactive tool and [here](#) for related videos.
Elements of Patient Centered Care
The Practice of Whole Health

Click here to download the Personal Health Inventory
Innovation
Experiencing the Arts and Humanities

Mindfulness Practices

Gardening Horticulture Therapy

Story Telling

Culinary Arts
How Do We Know This Approach is Working?

The Veteran’s Voice

Please click Here
https://https://www.youtube.com/watch?feature=player_detailpage&v=h4uxrFuyBmQ
to view this 7 minute video
Education and Training
Whole Health Education & Resources

Click here to learn more about additional Whole Health Courses

- Clinical Program
- Whole Health Coaching Program
- Whole Health Facilitated Groups
- Whole Health Engagements
- On-Line Modules
- Community of Practice Calls
WHOLE HEALTH: CHANGE THE CONVERSATION

Advancing Skills in the Delivery of Personalized, Proactive and Patient-Driven Care

Whole Health:
- Places each person at the center of his or her own health care
- Shifts the focus of care toward health and well-being
- Utilizes Mindful Awareness to promote self-care and healing
- Emphasizes the importance of relationships and partnerships
- Incorporates a range of conventional and complementary approaches
- Supports the VHA’s mission and #1 strategic goal
- Includes an onsite program, educational overviews, clinical tools and TMS curriculum

VHA Mission
Honor America’s Veterans by providing exceptional health care that improves their health and well-being.

VHA #1 Strategic Goal
Provide Veterans, personalized, proactive, and patient-driven health care.

Whole Health: Change the Conversation is a collaborative effort of the VHA Office of Patient Centered Care and Cultural Transformation, Pacific Institute for Research and Evaluation, and the University of Wisconsin-Madison School of Medicine and Public Health, Integrative Medicine Program, in support of the VHA’s effort to affect transformational change towards a Whole Health model of health care delivery.
Deployment
Field Implementation Services

Core Engagements
• Leadership Engagement Sessions
• Information Session
• Staff Engagement Session and Facilitator Workshop

Structure workshops & training sessions
• Patient Family Advisory Council Workshop
• Facilitated Listening Session & Facilitator Skills Training
• VISN Patient Centered Care Champion

Whole Health Practice
• WH Transformation Consultations
• Whole Health Care in VHA Introduction
• Personal Health Planning Consultation

Veteran Experience
• Healing Environment Engagement
• Healing Environment Workshop
• Veteran Experience Program Engagement
• Patient Experience Satisfaction Engagement

Role-Based Engagements
• Nurse engagement
• Clinical Information Session
• Administrative Engagement

Assessment and Sustainment Tools
• Cultural Transformation Assessment
• Phases of Change Assessment
• Checkpoint
• Shadowing Session
• Arts and Humanities – Community Engagement
A New Paradigm for Health Care

The Pathway
• Whole Health Groups
• Partners with Veterans at the point of enrollment and creates an overarching personal health plan that integrate care in the VA and the community

Well-being Centers
• Self Care/ Complementary and Integrative Health
• Health Coaching and Health Facilitator Support

Clinical Care
• Outpatient and Inpatient Care
• Whole Health and Disease Management within a Whole Health Paradigm
Whole Health Partnership

The Pathway

Personal Health Planning

Well-being Center and Programs

Clinical Care

Healing Relationships

Healing Environments

Community
Veterans eBook

Click here to download this eBook which includes links to videos, audio podcasts, research, the personal health inventory, and more.

- Introducing Whole Health Care
- What Matters Most to You?
- How We Get There
- Find Your Community
- Write Your Next Chapter
- Research Glossary
Building the Art Community

http://www.va.gov/PATIENTCENTEREDCARE/
The National Veterans Creative Arts Competition and Festival are annual events that provide Veterans receiving treatment at VA facilities the opportunity to participate in creative self-expression in art, music, dance, drama and creative writing as part of their therapy, and to gain recognition for these artistic accomplishments.

The program consists of two phases;
- Competition Phase, occurring in the winter
- National Veterans Creative Arts Festival hosted by a different city each year in the fall

2017 National Veterans Creative Arts Competition - Local Competitions Begin January 1, 2017
Nationwide, VA medical facilities use the creative arts as one form of rehabilitative treatment to help Veterans recover from and cope with physical and emotional disabilities.

Across the country each year, Veterans enrolled at VA health care facilities compete in a local creative arts competition.

The competition includes 51 categories in the visual arts division this year that range from oil painting to leatherwork to paint-by-number kits. In addition, there are 100 categories in the performing arts pertaining to all aspects of music, dance, drama and creative writing.

A national judging process determines a 1st, 2nd and 3rd place entry in each category.

Download Information:
- 2017 NVCAF Fact Sheet
- Competition & Festival Rules
- Art Division Rules & Categories
- Creative Writing Division Rules & Categories
- Dance Division Rules & Categories
- Drama Division Rules & Categories
- Music Division Rules & Categories
Deadline Date for Submission of Entries to the National Level of Competition
Most VA facilities hold their local competitions in January and February.

Be sure to check with your VA facility as early as December in order to meet their deadline date for submission of entries into the local competition.

Veterans must work with a staff person from the VA facility where they are enrolled.

If you need assistance in identifying a VA staff person from your facility, please contact Amy Kimbler (320) 255-6486 or Elizabeth Mackey, National Director (320) 255-6351.
Questions?

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